Capitol Indemnity Corporation Capitol Specialty Insurance Corporation Platte River Insurance Company

## QUESTIONNAIRE - HEALTH AND EXERCISE CLUBS

Named	Insured:		
	answer all questions fully. Submit this Questionnaire with a <u>completed</u> ACORD ant Information Section and prior carrier loss runs.	Comme	cial Insurance
Do all p	professionals, and the business, have current licenses where required by statute?	Yes	☐ No
	PROHIBITED CIRCUMSTANCES		
2. 3. 4. 5. If ar 6. 7. 8.	Is the insured in compliance with all licensing requirements?  Do you require proof of insurance from all independent contractors?  Are signed release forms required? (Attach a copy)  Do release forms require a parent's signature for customers under 18 years old?  Are all diets approved by a physician?  ny of the preceding questions are answered "NO", you are not eligible for coverage.  Do you manufacture, re-label or sell any private label food, cosmetic, or Vitamin products or supplements?  Do you recommend any prescription diet drugs to customers?  Do you offer gymnastics programs or use trampolines or other gymnastics equipment?	☐ Yes ☐ Yes ☐ Yes ☐ Yes	No
10.	Do you have any past or pending claims for Professional Liability?  Do you provide any warranties or guarantees?	☐ Yes	∐ No □ No
If ar	ny of the five preceding questions are answered "YES", you are not eligible for coverage.		
	OPERATIONS		
1.	Number of years business:  If new describe prior experience:		
3. 4.	Number of members: Hours of operation: Does the Named Insured own the building? Any cooking on premises?  • If yes, describe:	☐ Yes ☐ Yes	□ No □ No
6.	Any food or beverages sold on premises?  • If yes, describe:	_ □ Yes -	□ No
8. 9.	Is alcohol served?  Does the insured ban cell phones from all locker rooms?  How is member confidential information (including billing and credit information) Is stored?	_	☐ No ☐ No and
		_	



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Capitol Specialty Insurance Corporation CAPITOL
INSURANCE COMPANIES

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	10. Are all trainers / counselors required to be over 18 years of age?			☐ No
	11. Is the Club a member of a Professional Health Club Organization?			☐ No
	a. If yes, what organization?			
Ch	eck all applicable items:			
	*Aerobics	☐ Jacuzzi		
	Archery	☐ Jogging Tracks		Jnits
	Barber / Beauty Shop	☐ Judo	☐ *Swimming Poo	ols
	Basketball Courts	☐ Karate	☐ Trainer Certifica	ation
	Bicycle Tracks	☐ Locker Rooms	☐ Tennis Courts	
	Body Toning		Trampolines	
	Dance Instruction	☐ *Nursery	☐ Tumbling	
	Diet Counseling	☐ Physical Therapists		tion
	Game Room	☐ Pro Shop	Plans	
	*Gymnastics	☐ *Sauna	*Weight Rooms	;
	Handball / Racquetball	☐ Shower Rooms	*Whirlpool	
	Courts	Sports Medicine	Other (describe	below)
	* Give complete details below:			
	Describe all other operations (includ	ing off premises activities) not listed	above:	
		GENERAL		
	11. Does the insured have a stated	policy regarding sexual harassment	? 🗌 Yes	☐ No
	12. Does the insured recommend pe	erformance enhancing supplements	?	☐ No
	If Yes, please explain:			
RISK MANAGEMENT INFORMATION				
	1. Are all instructors employees of	the Named Insured?	☐ Yes	☐ No
	2. Are eye guards required on racq	uetball courts?	☐ Yes	☐ No
	3. Are incident reports compiled daily for all injuries?		☐ Yes	☐ No
	4. How long are these reports kept	on file?		
	5. Is membership restricted by age	, or are specific activities restricted b	oy age? 🔲 Yes	☐ No
EMERGENCY INFORMATION				
	1. Is emergency medical care easil	y accessible?	☐ Yes	□No
	2. Are emergency numbers posted	-	☐ Yes	=
	3. Are members of staff trained to a	•	<b>_</b>	<del></del>
	• First aid?		□Yes	□No
	• CPR?		☐ Yes	_
	Defibrillation?		<del></del>	□ No
	<ul> <li>If yes, how often are they re-</li> </ul>	certified?	□ 163	□ 140
	• If yes, now often are they re-	cermed:		



4.	Is a defibrillator available and accessible at each business location?	☐ Yes ☐ No
5.	Are exits properly marked and easily accessible?	☐ Yes ☐ No
6.	Is there a back-up power system?	☐ Yes ☐ No
7.	Is there emergency lighting with battery back up?	☐ Yes ☐ No
	STAFF	
1.	List the qualifications of employees who plan programs for members:	
2.	Are instructors trained in specialized areas?	☐ Yes ☐ No
3.	Are the instructors independent contractors? (As opposed to employees.)	☐ Yes ☐ No
	Do the independent contractors use assistants?	☐ Yes ☐ No
	Are the assistants your employees?	☐ Yes ☐ No
4.	Do you have an ongoing program of training and staff evaluation?	☐ Yes ☐ No
5.	What is the minimum number of years experience for all trainers / counselors?	
	MEMBERS	
1.	Do new club members go through a complete introduction/evaluation process to	_
	develop a personal exercise program including training on all equipment?	☐ Yes ☐ No
	Is the progress of members periodically evaluated?	☐ Yes ☐ No
3.	Are minors permitted to become members?	☐ Yes ☐ No
4.	Do members give a medical history noting any adverse physical conditions?	☐ Yes ☐ No
5.	How often is a members medical information updated?	
6.	Are there specialized programs for pregnant members?	☐ Yes ☐ No
7.	Are pregnant members required to obtain a release from their physician?	☐ Yes ☐ No
	HEALTH CLUB PROFESSIONAL (COMPLETE IF COVERAGE IS I	DESIRED)
1.	Are all trainers / counselors certified by a state, municipality or professional organization if required?	☐ Yes ☐ No
2	Does the insured publish recipes, cookbooks or general nutritional guides?	☐ Yes ☐ No
3.	Does the insured periodically test members to measure their ability and performa	<del></del>
Ο.	and assess their progress to prevent injury from an overly strenuous a regime?	∏Yes ∏ No
	If yes, How often?	
	SWIMMING EXPOSURE (COMPLETE WHEN APPLICABLE	≣)
1.	Indoor pool: Minimum depth: Maximum Depth:	☐ Yes ☐ No
2.	Outdoor Pool: Minimum depth: Maximum Depth:	☐ Yes ☐ No
3.	Lap Pool: Minimum depth: Maximum Depth:	☐ Yes ☐ No
4.	Diving Pool: Minimum depth: Maximum Depth:	☐ Yes ☐ No
5.	Are rules posted? (No running, no diving, etc.)	☐ Yes ☐ No
6.	Are lifeguards present during all hours of operation?	☐ Yes ☐ No
7.	Is lifesaving equipment readily available in the immediate pool area?	☐ Yes ☐ No
8.	Are there diving boards?	☐ Yes ☐ No
	If yes, number of meters in height:	
9.	Does the pool area floor have a non-slip surface?	☐ Yes ☐ No
10.	Do the locker room, shower and sauna area floors have a non-slip surface?	☐ Yes ☐ No
12.	Are depth markings of water level clearly indicated?	☐ Yes ☐ No



	<ul><li>. Is a "key" or other authorization necessary for pool access?</li><li>. Are outdoor pools enclosed by a secure fence?</li><li>Is there either no gate or a self-locking gate?</li></ul>	☐ Yes ☐ No ☐ Yes ☐ No ☐ Yes ☐ No		
15	. Please describe storage of pool chemicals:	 _ _		
	AEROBIC CLASSES (COMPLETE WHEN APPLICABLE)	1		
1.	Do instructors have each participant monitor his/her heart rate?	☐ Yes ☐ No		
2.	Are participants encouraged to stop if they show symptoms of overexertion?	☐ Yes ☐ No		
3.	Do instructors receive training to identify signs of overexertion?	☐ Yes ☐ No		
4.	Are all instructors certified?	☐ Yes ☐ No		
5.	Is the floor padded and/or made of a slip-resistant surface?	☐ Yes ☐ No		
6.	Are there class size limitations to prevent overcrowding?	☐ Yes ☐ No		
	DAY CARE (COMPLETE WHEN APPLICABLE)			
1.	Maximum number of children allowed at any one time:			
2.	Minimum - maximum age of children allowed:			
3.	Maximum adult/child ratios allowed:			
4.	Do employees receive any training in childcare?	☐ Yes ☐ No		
5.	Are guardians required to remain on premises while children are in day care?	☐ Yes ☐ No		
	GYMNASTICS (COMPLETE WHEN APPLICABLE)			
1.	Are any trampolines used?	☐ Yes ☐ No		
2.	Are instructors or supervisors present when gymnastic equipment is used?	☐ Yes ☐ No		
3.	List other gymnastic equipment available for use:	_		
4.	Describe procedures in case of an accident:	<del>-</del> -		
SAUNAS/STEAMROOMS/WHIRLPOOLS (COMPLETE WHEN APPLICABLE)				
1.	Are warnings and directions for use clearly posted?	□Yes □No		
2.	Do all doors open outward?	☐Yes ☐No ☐N/A		
3.	Do all doors have a visibility window?	☐Yes ☐No ☐N/A		
4.	Does the heating element in the sauna have a guardrail?	☐Yes ☐No ☐N/A		
5.	Are thermostats tamper-resistant?	☐Yes ☐No		
6.	Is the sauna, steam room, and/or whirlpool cleaned daily?	☐Yes ☐No		
7.	Do saunas have emergency shutoff?	☐Yes ☐No ☐N/A		
8.	Is the whirlpool emergency shutoff in same area?	☐Yes ☐No ☐N/A		
9.	Are warnings posted regarding use; i.e. pregnancy, alcohol, medications, etc.?	□Yes □No		
	TANNING EQUIDMENT (COMPLETE WILEN APPLICADE	=\		

If applicable, complete Questionnaire – Sun Tanning, form #CGE 182.



WEIGHT REDUCTION PROGRAMS (COMPLETE WHEN APPLICABLE)			
	<ul> <li>Are diets recommended to members?</li> <li>If so, has a physician or licensed dietician approved them for general use?</li> <li>Are members advised to consult a physician prior to beginning a program?</li> <li>Do you sell prepackaged food, cosmetic, or Vitamin products or supplements?</li> <li>Receipts from all products:</li> <li>Are any of these products manufactured, repackaged, or relabeled by you</li> <li>If yes, provide details:</li> </ul>	☐ Yes ☐ No ? ☐ Yes ☐ No \$	
4. 5. 6. 7.	<ul> <li>Receipts from these products:</li> <li>Do you employ a dietician?</li> <li>Do you recommend prescription diet drugs?</li> <li>Does a physician oversee weight management programs?</li> <li>Is Body Mass Index (BMI) or a body fat analysis considered before allowing c to enter a program?</li> </ul>	\$	
	WEIGHT ROOMS (COMPLETE WHEN APPLICABLE	)	
1. 2. 3. 4. 5.	Are instructors or supervisors present when weight-training equipment is used. Are free weights properly stored on racks?  Is regularly scheduled maintenance performed on exercise machines?  Are proper warnings and instructions for use posted for exercise machines?  Does the insured offer sports instruction or personal training?	Yes   No   No   Yes   No   No	
	IMPORTANT NOTICE		
I DECLARE THAT THE STATEMENTS MADE IN THIS APPLICATION ARE COMPLETE AND TRUE TO THE BEST OF MY KNOWLEDGE AFTER REASONABLE INQUIRY.			
applica purpos to crim	erson who knowingly and with intent to defraud any insurance company or anotation for insurance or statement of claim containing any materially false informate of misleading, information containing any material fact thereto, commits a fractional and substantial civil penalties. I agree that any intentional concealmentaterial fact concerning this insurance or the subject thereof may void any	ation, or conceals for the nudulent act that is subject t or misrepresentation	
conce	ort of our underwriting procedures, a routine inquiry may be made to obtain applyrning character, general reputation, and credit history. Upon your written request he nature and scope of the report, if one is made, will be provided.)		
Applica	ant Signature Title	Date	
Produc	cer Signature	Date	
Produc	cer Name and Address		
Agent	Name and Address		